

1. SUBJECTS TO COVER IN CONVERSATION WITH YOUR CHILD

By following this simple checklist, you can start to protect your children and decrease the risks they face

I have asked my child to show me sites they use

By doing so, your child is including you in their online life and social activity. The best advice we receive is to seek to show an interest and take note of the names of their favourite sites. You can then re-visit these when you are alone. Take your time and explore the space, find out how to set the safety features and learn how to report any issues directly to the site.

I have asked my child to set their profile settings to private

Social networking sites, such as Facebook, are used by children to share information, photos and just about everything they do. Encourage your child to set their privacy settings to private. They need to think about the information they post online as it could be copied and pasted anywhere, without their permission.

I have asked my child about their online friends

We know that some people lie online about who they are and may create fake identities. It is very important children understand this. Whether they are visiting a social network or a gaming site, the safety messages are the same. Children and young people must never give out personal information and should only be "online friends" with people they know and trust in the real world

I have set appropriate parental controls on my child's devices

Filters on computers, tablets, mobiles and games consoles can prevent your child from viewing inappropriate and possibly illegal content. You can activate and change levels depending on age. You can also set time restrictions for using the internet or games. They can be free and easy to install. Call your service provider who will be happy to assist or visit [CEOP's](#) parents' site for further information. The best advice is to explain to your child why you are setting parental controls when you talk to them about their internet use

My child has agreed to tell me if they are worried about something online

Sometimes children get into situations online where they don't feel comfortable or see something they don't want to see. By talking with them, before it happens, they are more likely to turn to you if they are concerned about something later.

I know where to get help if I'm concerned about my child

Outside school the CEOP Safety Centre provides access to a range of services. If you are concerned that an adult has made inappropriate contact with your child you can report this directly to [CEOP](#).

If you need support please contact our Child Protection Officer through Reception.