

BTEC Football Scholarship



This is a BTEC National Extended Diploma in Sport & Physical Activity Development (Equivalent to 3 A Levels)

Minimum Entry Requirements: 4 GCSEs at Grade 4, or BTEC L2 equivalents at Merit and a real interest in football.

Based at Elland Road, The Leeds United Foundation, in partnership with Boston Spa School, offers both football training and academic qualifications specifically for males & females aged between 16-18 years old. At the Leeds United Foundation Football Scholarship, footballers can combine full-time study with a football training schedule and the chance to represent The Leeds United Foundation within the Football Foundation league, other local leagues and cups. Each player is given the opportunity to achieve their ambitions both in the classroom and on the pitch, and experience playing at Thorp Arch, Leeds United FC training complex.

The two year programme is made up of twelve hours of football and performance related units, and nine hours of practical/training sessions per week plus game time.

Course Outline:

- Anatomy & Physiology
- Fitness Training and Programming for Health, Sport and Well-being
- Professional Development in the Sports Industry
- Application of Fitness Testing
- Sports Psychology
- Research Methods in Sport
- Development and Provision of Sport and Physical Activity
- Sports Leadership
- Sports Massage
- The Athlete's Lifestyle
- Work Experience in Active Leisure
- Sports Injury Management
- Coaching for Performance
- Practical Sports Performance
- Sports Performance Analysis

Plus opportunity to gain:

FA Level 1 Coaching Certificate
SLUK Level 2 Community Sports Leaders Award
Other sport and fitness related qualifications



Assessment:

The course is continuously assessed internally with an additional exam and 2 externally assessed units. The BTEC qualification is graded Distinction, Merit or Pass. The assessments can take many different forms including assignments, case studies, project work, presentations, time constrained assessments and observations.

Equipment required / Approx Cost:

Text book (£22 each) is recommended. Training kit is compulsory and bought through the club (approx £150)

Higher Education Progression:

This course enhances progress onto sport related HE courses, e.g. Coaching, PE teaching, Physiotherapy, Sports development, Fitness Instructor, Sport and Business.