

24<sup>th</sup> October, 2018

Dear Parent/Carer

I am writing to inform you that as part of the school's Personal, Social and Health and Cultural Education programme your child will be partaking in drop-down day entitled Living in the Wider World on Thursday 25<sup>th</sup> October.

The purpose of this day is to provide students with skills that will equip them to handle a wide variety of situations in everyday life. If young people can start their transition into adulthood with accurate information and the confidence and knowledge to understand what is happening around them, they will hopefully grow into confident adults who are able to make positive choices.

The students will be provided with a timetable for the day personalised to their year group. Below you will find a list of the sessions your child will be partaking in and a brief explanation of what each entails:

- 1 Safe Sex – this will be a 2 hour session where students will look at the different types of contraception available and the pros and cons of each. They will also look at Sexually Transmitted Diseases, their side effects and what can be done to prevent them.
- 2 Cyber Safety – this session aims to help students how to stay safe online. They will be researching and discussing different types of online scams, how to spot the signs and where you can report them if you come across one online.
- 3 Using the NHS – the students will look at what the NHS is and which services it provides. They will look at the importance of using the correct service for different scenarios, what to do in a medical emergency and the effect of hoax calling the NHS.
- 4 Consumer Rights – this session will aim to provide students with the knowledge of their rights when they purchase a product/service, but also the responsibilities of a trader. They will also learn about what they can if their consumer rights are not being enforced.

If you have any further questions about the sessions taking place you are welcome to contact me or the Assistant Principal Mrs Catherine Jespers via reception.

Yours sincerely

A handwritten signature in black ink, appearing to read 'EB', enclosed within a light blue rectangular border.

Erin Brierley  
PSHCE Coordinator