

24th October, 2018

Dear Parent/Carer

I am writing to inform you that as part of the school's Personal, Social and Health and Cultural Education programme your child will be partaking in drop-down day themed entitled Living in the Wider World on Thursday 25th October.

The purpose of this day is to provide students with skills that will equip them to handle a wide variety of situations in everyday life. If young people can start their transition into adulthood with accurate information and the confidence and knowledge to understand what is happening around them, they will hopefully grow into confident adults who are able to make positive choices.

The students will be provided with a timetable for the day personalised to their year group. Below you will find a list of the sessions your child will be partaking in and a brief explanation of what each entails:

- 1 Debate – the students will be debating around the topic of video games and violence. They will learn how to educate themselves on a subject from a variety of sources, as well as learn how to argue a point in a clear and constructive manner.
- 2 Financial Capability – The session aims to help students understand what a budget is, how it can be constructed and how to stick to a budget when unexpected situations arise.
- 3 Cyber Safety – aims to help students how to stay safe online, the importance of exhibiting positive behaviours online and the consequences of not doing so, as well as what they can do if they see something that does not look right on the internet. They will also be partaking in a competition run by Asda and West Yorkshire Police, where the students will be expected to take the information they have learnt and create a Cyber Safety Resource. The winners of the competition (which is being run county-wide) will experience a tour of the West Yorkshire Police Centre and of the Asda Headquarters.
- 4 Bereavement – this session aims to normalise the symptoms of bereavement and help students to recognise when they are experiencing grief. It will also give students a variety of strategies for how they can deal with loss.

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- 5 Using the NHS – the students will look at what the NHS is and which services it provides. They will look at the importance of using the correct service for different scenarios, what to do in a medical emergency and the effect of hoax calling the NHS.

If you have any further questions about the sessions taking place you are welcome to contact me or the Assistant Principal Mrs Catherine Jaspers via reception.

Yours sincerely

A handwritten signature in black ink, appearing to read 'EBrierley', enclosed in a light blue rectangular box.

Erin Brierley
PSHCE Coordinator